



## **Introduction to Workplace Safety.**

**Duration: One day.**

### **Course overview:**

This course is a general introduction to Workplace Safety and covers a wide range of workplaces. It considers health, safety and welfare in three sections.

Good Health and Safety standards rely on employers and employees working together to reduce risks and prevent accidents and ill health arising from work activities.

This training programme has been designed to provide an introduction to Health and Safety for employees working in any sector.

### **Course content:**

Upon completion the delegates will have gained knowledge of:

- Basic Health and Safety legislation.
- Working environment and its affects.
- Working safely and welfare.
- Accident prevention.
- Manual handling, techniques and demonstration.
- Personal protective equipment.

Successful completion will prepare delegates to look carefully at their own work activities and contribute to the organisations health and safety management system.

### **Course booking:**

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.