



## **COSHH Awareness.**

**Duration: Half day.**

### **Course overview:**

There are a wide range of chemicals and other hazardous substances used within the work place, often without thought or concern of the health implications.

This course is aimed at those who use substance hazardous to health at work and introduces delegates to the hazards associated with those substances, the risks and controls available and what to expect from a COSHH assessment.

### **Course content:**

Upon completion the delegates will have gained knowledge of:

- An understanding of the COSHH Regulations.
- How ill health and injuries occur.
- Why we use a risk assessment and the legal requirements.
- COSHH assessment in practice.
- The principles for controlling substances hazardous to health.

Successful completion will prepare delegates to look carefully at their own work activities and contribute to the safer use of hazardous substances in co-operation with their managers and supervisors.

### **Course booking:**

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.