



## **Automatic External Defibrillation (AED) Training.**

**Duration: Half day.**

### **Course overview:**

The course provides those who are successful with the necessary knowledge and skills to use an Automated External Defibrillator (AED) during a cardiac arrest event. The course follows the latest Resuscitation Council (UK) guidelines.

An Automated External Defibrillator (AED) is a very safe, automatic device that delivers a shock to a cardiac arrest victim.

### **Course content:**

Upon completion the delegates will have gained knowledge of:

- Approach a casualty safely.
- Assess a collapsed casualty.
- Correctly apply effective chest compressions to a casualty.
- Administer effective rescue breaths to a casualty.
- Turn on the AED and attach the electrodes correctly.
- Assess cardiac rhythm by the AED.
- Perform defibrillation safely.
- Place casualty in the recovery position.

Successful candidates are awarded the **Automated External Defibrillation** certificate that is valid for 12 months to Resuscitation Council (UK) Standards.

### **Course booking:**

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.