



## **NEBOSH - National General Certificate in Occupational Health and Safety. (2025 Specification)**

The National General Certificate is the most widely held health and safety qualification in the UK with over 220,000 people having gained the award since it was launched in 1989.

The new syllabus has been streamlined to allow core skills to be considered in greater depth. It covers how to effectively manage health and safety, the UK's key legal requirements and how to identify and control the key workplace hazards in every kind of workplace. Risk assessment is central to the NGC qualification making sure it reflects the real-life roles people perform.

### **What kind of people take the NEBOSH National General Certificate?**

This qualification is designed for anyone (managers, supervisors and workers) in any type of organisation. It's ideal for anyone who needs a broad understanding of health and safety issues to be able to manage day-to-day risks effectively. Many people take the National General Certificate in Occupational Health and Safety as a first step in a career in health and safety. It gives a valuable overview, and is a sound basis for further professional study.

There are no entry requirements for this qualification, however it is important that learners have a suitable standard of English language in order to understand and articulate the concepts contained in the syllabus. Guidance can be found at: <https://www.nebosh.org.uk/qualifications/national-general-certificate/#who>

### **Is this qualification recognised?**

Holders of the NEBOSH National General Certificate are entitled to Affiliate Membership (AIOSH) of the Institution of Occupational Safety and Health (IOSH). The qualification also meets the academic requirements for Technical Membership (Tech IOSH) of IOSH with appropriate experience (See NEBOSH website). The qualification also meets the academic requirements for Associate Membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM).

### **How is the programme structured?**

You will receive 68 hours of tutor contact time and it is also recommended by NEBOSH that you undertake a further 40 hours of private study time to help you familiarise yourself with the subject matter.

The programme is split into two units further broken down into elements each of which as a set of intended learning outcomes. The units are:

**Unit GNC1 - Management of health and safety.**

1. Why we should manage workplace health and safety.
2. How health and safety management systems work and what they look like.
3. Managing risk – understanding people and processes.
4. Health and safety monitoring and measuring.
5. Physical and psychological health.
6. Musculoskeletal health.
7. Chemical and biological agents.
8. General workplace issues.
9. Work equipment.
10. Fire.
11. Electricity.

**Unit GNC2 – Practical application.**

The aim of this unit is to assess the delegates ability to successfully complete a risk assessment in their own workplace and to prioritise actions. This assessment is completed over four stages following the completion of the GNC1.

**How long does it take?**

Training providers delivery options will differ, some are done in two week blocks others are delivered over one day per week. You just need to choose the best option for you to fit around your own commitments. Whichever course you attend will run for ten days including question paper hours.

**Course booking:**

Please contact one of our team for further details, course prices and booking arrangements on 01384 686039.

